

FitPAWS® Canine Conditioning Equipment



FitPAWS® Canine Conditioning Equipment is used by animal rehabilitation professionals, veterinarians, sport dog enthusiasts and professional dog trainers for core strengthening, increased range of motion and flexibility, neuromuscular facilitation, sensory and perceptual stimulation, joint alignment, and balance control. Core strength is a fundamental element used by your dog to control its body when jumping, turning, running. Helping your dog develop strong core muscles can reduce and prevent injuries. This is true whether your dog is involved in dog sports, is a working dog, or just a couch potato with healthier aspirations.

Core conditioning is an essential part of any athletes training program, including the performance dog. If your dog participates in agility competitions, you'll want to make sure your dog is in prime physical condition. Once on top of the FitPAWS conditioning equipment, your dog's body will automatically react to the shifting movement, causing your dog to use different muscle groups simultaneously in order to remain upright. Adding this strengthening activity to your dog's cross-training activities 3-4 times a week, has many benefits, including:

- Improved reaction and control
- Increased trunk and core strength
- Stabilization of weak areas
- Improved balance and proprioception (awareness of the body's position in space)
- Increased range of motion in joints and elongation of the muscles
- Improved sensory and body awareness



FitPAWS® Peanut

The FitPAWS® Peanut is a peanut-shaped stability ball designed for canine core conditioning and rehabilitation. The professional-grade heavy-duty PVC material is formulated for use with dogs, provides superior gripping and resists damage caused by dog nails. It is used for core strengthening of sporting and working dogs as well as for animal rehabilitation and therapy. The unique shape of the peanut limits its movement to front/back or side/side, important for dogs new to this type of training. You can also adjust the balance challenge by under-inflating so the ball is not as firm. Easily inflates with hand-held air pump, sold separately.



We recommend your dog wear a safety harness you can hold onto, while your dog is exercising on the ball. Read all safety, care and use instructions before using your FitPAWS Canine Conditioning Equipment.

Product Code	Size	Color
J1126e	80cm/31.5"	Red
J1126d	70cm/27.5"	Yellow
J1126c	60cm/23.5"	Blue
J1126b	50cm/19.5"	Red
J1126a	40cm/15.5"	Yellow

FitPAWS® Egg

The FitPAWS® Egg is a new shape of stability ball for the advanced canine athlete! It has a greater balance challenge due to its' uneven shape and will shift in multi-directions for advanced proprioception and body awareness. The professional-grade, heavy-duty PVC material is formulated for use with dogs, provides superior gripping and resists damage caused by dog nails. When used in a core conditioning program, the FitPAWS Egg can improve balance and coordination as well as stabilize weak areas. The FitPAWS Egg easily inflates with an air pump (sold separately). You can also adjust the balance challenge by under-inflating so the ball is not as firm.



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Product Code	Size	Color
J1127b	85cm/33.5"	Blue
J1127a	65cm/25"	Green



A.

A. FitPAWS® Donut

The FitPAWS® Donut may be used as a balance training tool or for core strengthening for small dogs that may be overwhelmed by the Peanut or Egg. It can also be used for weight bearing therapy. The professional-grade heavy-duty PVC material is formulated for use with dogs, provides superior gripping and resists damage caused by dog nails. The FitPAWS Donut provides a moderate balance challenge. Its broad base offers more stability than a round ball. It has textured bumps on one side and a smooth surface on the other side. It is approximately 12" high and easily inflates/adjusts with a hand-held air pump (sold separately).

Product Code
J1128

Size
approximately 12"

Color
Dark Blue

B. FitPAWS® Balance Disc and FitPAWS® Giant Balance Disc

The FitPAWS® Balance Disc can be used for weight bearing activities and balance training for sporting and working dogs or for animal rehabilitation and therapy. The professional-grade heavy-duty PVC material is formulated for use with dogs, provides superior gripping and resists damage caused by dog nails. The FitPAWS Balance Disc has a 14" training surface and may be used in multiples to create a balance training course. The FitPAWS Giant Balance Disc has a 22" training surface, perfect for medium/large breeds. Both discs have two training surfaces, a flat/smooth side and a textured surface. The balance challenge can be easily adjusted by removing or adding air with a needle pump for the 14" balance disc or an air pump for the Giant balance disc. (Pump sold separately.)

Product Code
J1129b
J1129a

Size
22" training surface
14" training surface

Color
Blue
Blue



B.

C. FitPAWS® Balance Pad

The FitPAWS® Balance Pad makes a perfect beginning balance training tool and provides low balance challenges for dogs recovering from injury. The closed-cell foam construction makes the FitPAWS Balance Pad impervious to water—great for when you need to hose it off between uses or use during under-water therapy. You can create varying degrees of balance challenge by stacking two or more balance pads on top of one another or can customize for use with larger dogs by using two balance pads side-by-side.

Product Code
J1129

Size
15" x 18.25" x 2"

Color
Blue



C.



Get on the Ball Two DVD

Many dogs are lacking strength in their core muscle group: the lower back and abdominals. Working your dog on a Peanut or Egg Ball is an excellent and safe way to develop these muscles, which will aid in the reduction and prevention of problems. The Get on the Ball Two DVD provides four easy-to-follow programs: puppy, beginner, intermediate, and advanced. The DVD also includes an actual seminar held for ball work novices. Developed by

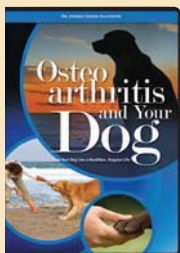
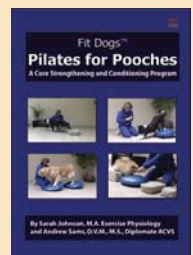
Debbie Gross Saunders, a licensed physical therapist and a certified canine rehabilitation practitioner with over 15 years experience in the field. Running time: 3 hours, 3 disc set.

Product Code
J1126v

FitDogs® Pilates for Pooches DVD

Pilates for Pooches DVD will teach your dog to move from its core while actively stretching its muscles by using various balance discs and pads. Sarah Johnson, M.A., Exercise Physiologist, presents a combination of lecture, outline and demonstration videos to guide you through this core strengthening and conditioning program step-by-step. Includes puppy bonus section and printable PDF documents summarizing conditioning guidelines, exercise outlines, and a log for monitoring your dog's progress. Running time: 64 minutes.

Product Code
J1127v



Osteoarthritis and Your Dog DVD

This DVD presents information in lay terms, designed to help you understand the disease and your options for a multimode treatment program, and will show you things to do to help your dog lead a healthier, happier life! It shows how to use conditioning equipment like the Donut, Egg, balance discs, balance pads and rocker board. Running time: 1 hour, 22 minutes.

Product Code
J1128v